

Kindergarten Homeschool Plan

Build routines, curiosity, early literacy, and number sense through short, hands-on lessons.

36 weeks Suggested full-year sequence	4 core subjects Math, ELA, science, social studies	Flexible Fridays Review, projects, field trips, catch-up	Printable-friendly Worksheets, notes, and progress checks
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PLAN AT A GLANCE		HOW TO USE THIS PLAN	
Grade band	Elementary School (K-5)	1 Preview the quarter: Skim the next nine weeks and gather books, printables, and simple materials.	
Suggested daily time	60-90 minutes of focused academics, plus read-alouds and play	2 Teach the weekly focus: Use the topic as a learning target, then select practice at the student's level.	
Core course path	Early Math, Foundational ELA, Discovery Science, Community Studies	3 Keep evidence: Save a few work samples, reading notes, lab pages, and project photos.	
Assessment rhythm	End-of-unit checks plus four quarterly reviews	4 Adjust without guilt: Repeat, shorten, reorder, or skip material when the learner's needs call for it.	
Recommended pace	Four focused learning days and one flexible day each week		

SUGGESTED WEEKLY RHYTHM

Monday	Tuesday	Wednesday	Thursday	Friday
Introduce and model	Guided practice	Apply and discuss	Check mastery and extend	Project, review, catch-up, or field trip

Planning note: This is a flexible, standards-informed sequence - not a state-certified curriculum, legal filing, or guarantee of credit. Verify homeschool, attendance, assessment, and graduation rules where you live.

Quarter 1 | Weeks 1-9

Two four-week learning units plus a review and showcase week. Weeks 1-9.

MATH FOCUS Counting 0-5 and one-to-one matching / Counting 6-10 and comparing groups	ELA FOCUS Oral language, print concepts, and name writing / Letter names and sounds A-M	SCIENCE FOCUS Senses and careful observation / Weather and seasonal patterns	SOCIAL STUDIES FOCUS Self, family, and belonging / Classroom rules and responsibilities
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Week	Math	English / ELA	Science	Social Studies	Family / Project
1	Explore & model: Counting 0-5 and one-to-one matching	Read & notice: Oral language, print concepts, and name writing	Observe & question: Senses and careful observation	Ask & source: Self, family, and belonging	Plan: My Learning Book
2	Guided practice: Counting 0-5 and one-to-one matching	Discuss & practice: Oral language, print concepts, and name writing	Investigate & model: Senses and careful observation	Map/timeline & analyze: Self, family, and belonging	Build: My Learning Book
3	Apply & solve: Counting 0-5 and one-to-one matching	Write & apply: Oral language, print concepts, and name writing	Explain from evidence: Senses and careful observation	Compare perspectives: Self, family, and belonging	Refine: My Learning Book
4	Mastery check: Counting 0-5 and one-to-one matching	Conference & extend: Oral language, print concepts, and name writing	Reflect & design: Senses and careful observation	Communicate & connect: Self, family, and belonging	Share: My Learning Book
5	Explore & model: Counting 6-10 and comparing groups	Read & notice: Letter names and sounds A-M	Observe & question: Weather and seasonal patterns	Ask & source: Classroom rules and responsibilities	Plan: Alphabet and Sound Museum
6	Guided practice: Counting 6-10 and comparing groups	Discuss & practice: Letter names and sounds A-M	Investigate & model: Weather and seasonal patterns	Map/timeline & analyze: Classroom rules and responsibilities	Build: Alphabet and Sound Museum
7	Apply & solve: Counting 6-10 and comparing groups	Write & apply: Letter names and sounds A-M	Explain from evidence: Weather and seasonal patterns	Compare perspectives: Classroom rules and responsibilities	Refine: Alphabet and Sound Museum
8	Mastery check: Counting 6-10 and comparing groups	Conference & extend: Letter names and sounds A-M	Reflect & design: Weather and seasonal patterns	Communicate & connect: Classroom rules and responsibilities	Share: Alphabet and Sound Museum
9	Spiral review, fluency check, and applied task	Portfolio check, reading conference, and polished writing	Concept map, evidence explanation, and investigation reflection	Source analysis, map/timeline review, and discussion	Quarter showcase, goal reset, and flexible catch-up
KEEP Which routines and resources worked well?		ADJUST Which skill needs more time or a different approach?		CELEBRATE Choose one work sample that shows meaningful growth.	

Quarter 2 | Weeks 10-18

Two four-week learning units plus a review and showcase week. Weeks 10-18.

MATH FOCUS		ELA FOCUS		SCIENCE FOCUS		SOCIAL STUDIES FOCUS	
Shapes, positions, and patterns / Addition stories within 5		Letter names and sounds N-Z / Rhyming, syllables, and beginning sounds		Pushes, pulls, and motion / Living and nonliving things		Community helpers and services / Maps, globes, and places	
Week	Math	English / ELA	Science	Social Studies	Family / Project		
10	Explore & model: Shapes, positions, and patterns	Read & notice: Letter names and sounds N-Z	Observe & question: Pushes, pulls, and motion	Ask & source: Community helpers and services	Plan: Pattern and Shape Hunt		
11	Guided practice: Shapes, positions, and patterns	Discuss & practice: Letter names and sounds N-Z	Investigate & model: Pushes, pulls, and motion	Map/timeline & analyze: Community helpers and services	Build: Pattern and Shape Hunt		
12	Apply & solve: Shapes, positions, and patterns	Write & apply: Letter names and sounds N-Z	Explain from evidence: Pushes, pulls, and motion	Compare perspectives: Community helpers and services	Refine: Pattern and Shape Hunt		
13	Mastery check: Shapes, positions, and patterns	Conference & extend: Letter names and sounds N-Z	Reflect & design: Pushes, pulls, and motion	Communicate & connect: Community helpers and services	Share: Pattern and Shape Hunt		
14	Explore & model: Addition stories within 5	Read & notice: Rhyming, syllables, and beginning sounds	Observe & question: Living and nonliving things	Ask & source: Maps, globes, and places	Plan: Act Out a Number Story		
15	Guided practice: Addition stories within 5	Discuss & practice: Rhyming, syllables, and beginning sounds	Investigate & model: Living and nonliving things	Map/timeline & analyze: Maps, globes, and places	Build: Act Out a Number Story		
16	Apply & solve: Addition stories within 5	Write & apply: Rhyming, syllables, and beginning sounds	Explain from evidence: Living and nonliving things	Compare perspectives: Maps, globes, and places	Refine: Act Out a Number Story		
17	Mastery check: Addition stories within 5	Conference & extend: Rhyming, syllables, and beginning sounds	Reflect & design: Living and nonliving things	Communicate & connect: Maps, globes, and places	Share: Act Out a Number Story		
18	Spiral review, fluency check, and applied task	Portfolio check, reading conference, and polished writing	Concept map, evidence explanation, and investigation reflection	Source analysis, map/timeline review, and discussion	Quarter showcase, goal reset, and flexible catch-up		
KEEP Which routines and resources worked well?		ADJUST Which skill needs more time or a different approach?		CELEBRATE Choose one work sample that shows meaningful growth.			

Quarter 3 | Weeks 19-27

Two four-week learning units plus a review and showcase week. Weeks 19-27.

MATH FOCUS		ELA FOCUS		SCIENCE FOCUS	
Subtraction stories within 5 / Teen numbers 11-20		Blending and segmenting CVC words / High-frequency words and decodable reading		Plant needs and life cycles / Animal needs, habitats, and adaptations	
SOCIAL STUDIES FOCUS					
Needs, wants, and choices / Past, present, and family traditions					
Week	Math	English / ELA	Science	Social Studies	Family / Project
19	Explore & model: Subtraction stories within 5	Read & notice: Blending and segmenting CVC words	Observe & question: Plant needs and life cycles	Ask & source: Needs, wants, and choices	Plan: Weather Watcher Journal
20	Guided practice: Subtraction stories within 5	Discuss & practice: Blending and segmenting CVC words	Investigate & model: Plant needs and life cycles	Map/timeline & analyze: Needs, wants, and choices	Build: Weather Watcher Journal
21	Apply & solve: Subtraction stories within 5	Write & apply: Blending and segmenting CVC words	Explain from evidence: Plant needs and life cycles	Compare perspectives: Needs, wants, and choices	Refine: Weather Watcher Journal
22	Mastery check: Subtraction stories within 5	Conference & extend: Blending and segmenting CVC words	Reflect & design: Plant needs and life cycles	Communicate & connect: Needs, wants, and choices	Share: Weather Watcher Journal
23	Explore & model: Teen numbers 11-20	Read & notice: High-frequency words and decodable reading	Observe & question: Animal needs, habitats, and adaptations	Ask & source: Past, present, and family traditions	Plan: Plant or Animal Care Study
24	Guided practice: Teen numbers 11-20	Discuss & practice: High-frequency words and decodable reading	Investigate & model: Animal needs, habitats, and adaptations	Map/timeline & analyze: Past, present, and family traditions	Build: Plant or Animal Care Study
25	Apply & solve: Teen numbers 11-20	Write & apply: High-frequency words and decodable reading	Explain from evidence: Animal needs, habitats, and adaptations	Compare perspectives: Past, present, and family traditions	Refine: Plant or Animal Care Study
26	Mastery check: Teen numbers 11-20	Conference & extend: High-frequency words and decodable reading	Reflect & design: Animal needs, habitats, and adaptations	Communicate & connect: Past, present, and family traditions	Share: Plant or Animal Care Study
27	Spiral review, fluency check, and applied task	Portfolio check, reading conference, and polished writing	Concept map, evidence explanation, and investigation reflection	Source analysis, map/timeline review, and discussion	Quarter showcase, goal reset, and flexible catch-up
KEEP Which routines and resources worked well?		ADJUST Which skill needs more time or a different approach?		CELEBRATE Choose one work sample that shows meaningful growth.	

Quarter 4 | Weeks 28-36

Two four-week learning units plus a review and showcase week. Weeks 28-36.

MATH FOCUS Measurement, sorting, and simple graphs / Compose/decompose to 10 and readiness review		ELA FOCUS Story elements, sequence, and retelling / Informational text, drawing, and sentence writing		SCIENCE FOCUS Sunlight, shadows, and temperature / Materials, structures, and simple design	
SOCIAL STUDIES FOCUS Community and national symbols / Caring for people, places, and nature					
Week	Math	English / ELA	Science	Social Studies	Family / Project
28	Explore & model: Measurement, sorting, and simple graphs	Read & notice: Story elements, sequence, and retelling	Observe & question: Sunlight, shadows, and temperature	Ask & source: Community and national symbols	Plan: My Family and Community Map
29	Guided practice: Measurement, sorting, and simple graphs	Discuss & practice: Story elements, sequence, and retelling	Investigate & model: Sunlight, shadows, and temperature	Map/timeline & analyze: Community and national symbols	Build: My Family and Community Map
30	Apply & solve: Measurement, sorting, and simple graphs	Write & apply: Story elements, sequence, and retelling	Explain from evidence: Sunlight, shadows, and temperature	Compare perspectives: Community and national symbols	Refine: My Family and Community Map
31	Mastery check: Measurement, sorting, and simple graphs	Conference & extend: Story elements, sequence, and retelling	Reflect & design: Sunlight, shadows, and temperature	Communicate & connect: Community and national symbols	Share: My Family and Community Map
32	Explore & model: Compose/decompose to 10 and readiness review	Read & notice: Informational text, drawing, and sentence writing	Observe & question: Materials, structures, and simple design	Ask & source: Caring for people, places, and nature	Plan: Kindergarten Celebration Portfolio
33	Guided practice: Compose/decompose to 10 and readiness review	Discuss & practice: Informational text, drawing, and sentence writing	Investigate & model: Materials, structures, and simple design	Map/timeline & analyze: Caring for people, places, and nature	Build: Kindergarten Celebration Portfolio
34	Apply & solve: Compose/decompose to 10 and readiness review	Write & apply: Informational text, drawing, and sentence writing	Explain from evidence: Materials, structures, and simple design	Compare perspectives: Caring for people, places, and nature	Refine: Kindergarten Celebration Portfolio
35	Mastery check: Compose/decompose to 10 and readiness review	Conference & extend: Informational text, drawing, and sentence writing	Reflect & design: Materials, structures, and simple design	Communicate & connect: Caring for people, places, and nature	Share: Kindergarten Celebration Portfolio
36	Spiral review, fluency check, and applied task	Portfolio check, reading conference, and polished writing	Concept map, evidence explanation, and investigation reflection	Source analysis, map/timeline review, and discussion	Quarter showcase, goal reset, and flexible catch-up
KEEP Which routines and resources worked well?		ADJUST Which skill needs more time or a different approach?		CELEBRATE Choose one work sample that shows meaningful growth.	

Teaching Routine, Progress Tracker, and Resources

Use this page throughout the year; print extra copies of the tracker as needed.

A SIMPLE DAILY LEARNING BLOCK

1. Warm up	5-15 min	Quick review, read-aloud, mental math, or vocabulary.
2. Teach	15-35 min	Model one clear objective with examples, text, or demonstration.
3. Practice	15-45 min	Use online skills, discussion, writing, lab work, or a printable.
4. Apply	10-35 min	Solve, explain, create, investigate, compare, or teach it back.
5. Record	2-5 min	Mark progress and save one useful piece of evidence when appropriate.

ADAPT THE PLAN TO THE LEARNER

When work is too hard: Reduce the amount, model more examples, use concrete materials, and revisit prerequisites.

When work is too easy: Compact repeated practice, ask for deeper explanations, and add authentic projects or advanced text.

For attention or stamina: Use shorter blocks, movement breaks, choice, timers, and a visible checklist.

For reading support: Read directions aloud, use audio plus print, preteach vocabulary, and accept oral responses when appropriate.

For advanced independence: Let the student plan part of the week, select resources, track data, and lead conferences.

QUARTERLY PROGRESS TRACKER

Checkpoint	Math	ELA	Science	Social Studies	Portfolio evidence	Next priority
Week 9	[] On track [] Revisit	[] On track [] Revisit	[] On track [] Revisit	[] On track [] Revisit		
Week 18	[] On track [] Revisit	[] On track [] Revisit	[] On track [] Revisit	[] On track [] Revisit		
Week 27	[] On track [] Revisit	[] On track [] Revisit	[] On track [] Revisit	[] On track [] Revisit		
Week 36	[] On track [] Revisit	[] On track [] Revisit	[] On track [] Revisit	[] On track [] Revisit		

FREE K-12 PRACTICE RESOURCES

[Free K-12 Practice home](#) | [Math practice](#) | [English / ELA practice](#) | [Science practice](#) | [Social studies practice](#) | [Printable worksheets](#)

STANDARDS AND LOCAL REQUIREMENTS

[Common Core mathematics and ELA](#) | [Next Generation Science Standards](#) | [C3 Framework for Social Studies](#)

Frameworks describe learning expectations; families should verify state-specific content, attendance, testing, recordkeeping, and graduation rules.